

dublin **arts** council Art & Wellness Initiative

2020 Riverboxes™



Connect: Public Art & Wellness Challenge

FIELD BOOK ~ PASSPORT

ABOUT THE CHALLENGE

Dublin Arts Council has collaborated with 20 artists to create new artworks and wellness-based activity prompts inspired by *Riverboxes*, a series of artist-made vessels discreetly hidden in Dublin parks. Each *Riverbox* vessel contains a unique artist-made stamp, journal and environmental information to help visitors connect to Dublin's scenic places.

Journey around Dublin to discover the original *Riverboxes* and the new artwork inspired by the collection. This project is part of Dublin Arts Council's Art & Wellness initiative, which deeply explores how art can nurture personal and community well-being.

PARTICIPATING ARTISTS

New artwork inspired by the *Riverboxes* public art collection

Dublin Arts Council is collaborating with 16 Ohio artists to create new artworks inspired by existing *Riverbox* vessels. Artist statements can be found throughout the booklet.

CHALLENGE BOOKLET ARTISTS

To support community wellness, Dublin Arts Council has commissioned three artists to create prompts to inspire participants to draw, listen, move and reflect upon *each* new artwork and its natural surroundings.

Experience journaling in nature with prompts from **Jenny Patton**, a writer, wellness coach, Senior Lecturer at The Ohio State University and Dublin resident. A daily journaler, yogi and meditator, Jenny brings a wellness focus to her classrooms and workshops.

Become inspired to creative response from visual artist **Hilary Frambes**, an award-winning central Ohio-based artist, muralist and community art educator.

Try exercises for listening and reflecting from field recordist **Rich Bitting**, a composer and listener residing in Cincinnati, Ohio who specializes in creating soundscape-based audio compositions, concert music, visual artworks and sound art installations.

Celebrating *Leatherlips* by artist Ralph Helmick

This challenge also commemorates the 30th anniversary of *Leatherlips*, the first Dublin Art in Public Places project, dedicated in Scioto Park in 1990. Boston sculptor and *Leatherlips*' creator Ralph Helmick celebrates his 12-foot high limestone portrait of the Wyandot Native American Chief Leatherlips with a message to the community in this challenge booklet.

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TAKE THE CHALLENGE!

16 new artworks in nine Dublin, Ohio parks Can you find them all?

To complete the **Connect: Public Art & Wellness Challenge**, use this booklet to journey through nine Dublin parks to find all 16 original *Riverboxes* and 16 new artworks inspired by the collection.

For each *Riverbox*, find clues to its hidden location and learn facts about the artist who created the new addition. Connect to nature by using the activity prompts. Record your sketches, notes and journal entries in the creative free space found throughout the booklet.

Bring your completed booklet to Dublin Arts Council, 7125 Riverside Dr., in Dublin, to earn a special challenge prize! (Details are on page 45.)

Challenge Etiquette and Disclaimer:

Riverboxes are works of public art and are located in natural environments along the Scioto River and its tributaries. They are created for the enjoyment of all. Please respect the artworks, flora and fauna and leave them as you found them.

If you go outside, be sure to practice the CDC's recommended guidelines for disinfecting and social distancing.

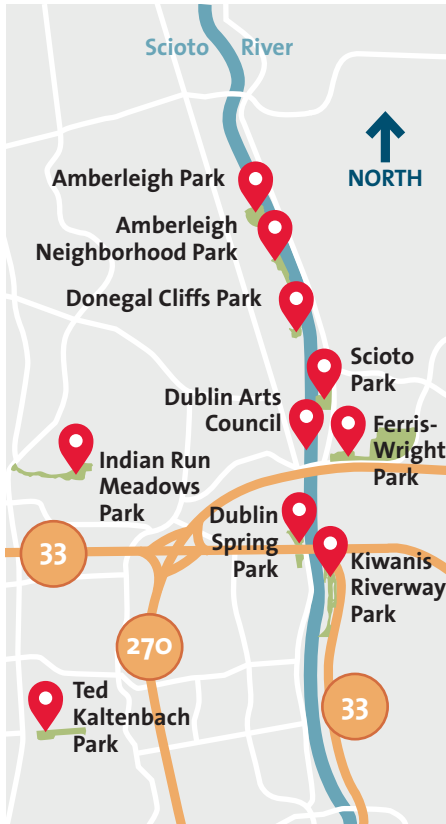
Riverboxes are found outdoors near water environments. As weather and terrain conditions may vary, it is the responsibility of *Riverbox* explorers to adequately prepare for the search and conduct themselves with respect to safety, personal abilities and limitations.

Do not let children search for *Riverboxes* unsupervised.

By utilizing *Riverbox* clues, the searcher acknowledges the potential risk of the search and accepts responsibility for their own actions, holding harmless Dublin Arts Council, City of Dublin and *Riverbox* supporters.

RIVERBOXES COLLECTION MAP

Dublin Arts Council has commissioned the creation of *Riverboxes*, artist-created vessels inspired by public art, geocaching and the artistic pursuit of "treasure hunts" in beautiful, scenic places.



All parks located in Dublin, Ohio

AMBERLEIGH PARK: 4715 Vista Ridge Dr.

The Forest Witch and the Witless Fellow,
Finnian Riverbox

**AMBERLEIGH NEIGHBORHOOD PARK:
4797 Carrigan Ridge Ct.**

House of the Rising Water Riverbox

**DONEGAL CLIFFS PARK:
4460 Donegal Cliffs Dr.**

Fissures and Fractures II Riverbox
Caementum Charta (CeeCee) II Riverbox

SCIOTO PARK: 7377 Riverside Dr.

Leatherlips
Big Turtle Riverbox
House of Spirits Riverbox

DUBLIN ARTS CENTER: 7125 Riverside Dr.

D'Art's No-Litter Cat Box
Riverbox of the Sun
The Riparian Riverbox

**FERRIS-WRIGHT PARK:
4400 Emerald Pkwy.**

Nero³ Riverbox

**INDIAN RUN MEADOWS PARK:
6675 Fallen Timbers Dr.**

Sentinel Riverbox

**DUBLIN SPRING PARK:
Historic Dublin, 20 Riverview St.**

Ghost Tree Sprout Riverbox
Fly Away Home Riverbox

**DUBLIN KIWANIS RIVERWAY PARK:
6245 Riverside Dr.**

Vigilant Vegetation II Riverbox
The Nest II Riverbox

TED KALTENBACH PARK: 5985 Cara Rd.

Among the Wildflowers Riverbox



Celebrating 30 years of *Leatherlips* in Scioto Park with public artist Ralph Helmick

"The Wyandot leader Sha-Te-Yah-Ron-Ya, also known as Leatherlips, spent his last days in this area.

"Taking cues from what we know of his history—and from the natural rock outcroppings of Scioto Park—I was inspired to create a giant stone head of the Chief, working with local stonemasons to make a sculpture that one can physically enter as well as look at.

"The design invites a kind of radical empathy, the bodily equivalent of 'walking a mile in another's shoes' as one stands in his head and looks toward the river."

It's OK to scribble, compose, draw, think, respond, react,
propose, doodle, and jot down your thoughts in this book.
We want you to!

WHAT DO YOU THINK
SCIOTO PARK WILL LOOK
LIKE IN 100 YEARS?





**SCIOTO PARK
7377 RIVERSIDE DR.**

Plenty of parking is available.
Dublin parks are open dawn to dusk.

GPS COORDINATES:

N 40°07.076'

W 083°06.632'

CLUES: Park in the upper parking lot. Begin walking upriver (north) through the grass. Look for a "hole" in the trees, indicating a path. Continue through the trees, approximately 24 paces. You'll find the shining house standing along the path with new, magical creatures gathered in jubilee!

NEW ARTWORK:

***Nymphs, Sprites and
other Magical Creatures
by Mark Soppeland***

In Dublin's park upon the hill
Spirits of the evening fill.
A magic house not so voluminous
Just like the moon becomes quite luminous.

In the forest late at night
Come nymphs, and fairies glowing bright.
Gnomes and sprites join them too
Around this home there's much ado.

Dancing to the music fair
You may join them if you dare,
But of a spell be most aware
And with your feet please take great care.

Do not step upon their toes
Or visions come as you repose.
Far off lands will fill your dreams
With mountains high and rushing streams.

The road and sea will beckon you
Before you see the morning dew.
Upon a path compelled to roam
Your shoes will take you far from home.

On summer's eve by lucky chance
You are invited to this dance.
Be careful where you place your feet
Or distant strangers you will meet.

But this is just the chance one takes
To party late and eat the cakes.
Having lived one's life to the full.
One must on occasion play the fool.



Spirit houses were believed to protect property owners from unwelcome spirits. How do you soothe unwelcome thoughts and invite your light to shine more brightly?



If there are spirits in this *Riverbox* house, what would they look like? Imagine the shape and characteristics of this spirit, and then write a positive affirmation that this spirit has to share with you.



RECIPROCAL LISTENING: Lightly touch the *Riverbox*. Breathing deeply, slow your heartrate, close your eyes. What is the most distant sound? Keep that sound on the edge of your hearing. While you are listening, you are being listened to. You are part of the soundscape.



**SCIOTO PARK
7377 RIVERSIDE DR.**

Plenty of parking is available.
Dublin parks are open dawn to dusk.

GPS COORDINATES:

**N 40° 07.008'
W 083° 06.730'**

CLUES: Park your car down below, by the shelter house. Make your way toward the river, to the grassy, rocky knoll, and there you will find what you are seeking. Look carefully and you may spot a couple of new water creatures hiding in the brush.

NEW ARTWORK:

***A Council of Creatures* by Margaret McAdams**

This new artwork expands upon *Big Turtle*'s connectivity to Scioto Park's river access and its flora and fauna within this natural environment. Amidst the movement of the river, its merging sounds and smells heighten; and we sense the scenic Scioto River's constant gravitational flow. Then, upon closer observation, we reflect that both its land and water are providing sustenance and habitat for many diverse species of creatures. While being aware of its animals, we humans also relish, enjoy, find peace and healing from the river and its surroundings. Our shared responsibility is to protect and maintain the overall health of its waters and its connected land. By sustaining its gifts for all creatures, it will last for generations to come.

Being appreciative of the overwhelming response *Big Turtle Riverbox* has brought, I began researching water animals that have existed along and within the river throughout time. Just as we humans do, I imagine these creatures form relationships, communicate, assist each other during hardships, and enjoy the pleasures that life brings. With clay as my primary medium, using hand building techniques of slab, coil, pinch, and modeling, these two water creatures emerged. Delightfully, they are indeed communing with each other and *Big Turtle*. How fascinating is that?



In our fast-paced world, it's easy to rush past moments of beauty and meaning. What have you rushed past before? What would you like to slow down and savor? How might you do so?



Turtles are associated with strength, longevity, hope, and perseverance, and their shells offer them protection from the outside world. Draw a place where you feel safe and loved, whether real or from your imagination.



AURAL GEOGRAPHY: Indigenous peoples traveled long distances by keeping an "aural" or sound map of the terrain in their memory. What specific sounds do you hear that would define this spot on an aural map? Can you remember these sounds tomorrow?

RIVERBOX | D'Art's No Litter Box created by DAC staff



DUBLIN ARTS CENTER 7125 RIVERSIDE DR.

Plenty of parking is available;
check with DAC for hours of operation.

GPS COORDINATES:

N 040° 06.746'

W 083° 06.625'

CLUES: Pull into the drive of the "castle" along the river. Stop and park your vehicle at the barrier to entry. Look to the north where the arts flourish in Dublin, then walk forward several paces and look to the base of the trees that stand tall and stay green year-round. Steps away from the *Riverbox* you will find a winged creature has stopped for a quick rest.

NEW ARTWORK:

D'Art's Muse by Dublin City Schools student / emerging artist, Karissa Jorat

I feel that art helps people stay healthy because it helps them to feel the same emotion that the artist did when they made it. I think that with the COVID-19 pandemic more people have started to create things at home to stay busy. The summer of 2020 has been a challenge for all of us, but one of my "silver linings" has been to get outdoors and take photos. I started just taking photos on my iPhone, but since I got my camera, I have been able to take more interesting photos! When I was younger, my favorite artistic outlet was mixed media. I really liked putting different things together to make something new. However, now that I'm a teenager, my favorite artistic outlet is photography. I mostly love landscape, macro, wildlife, and street photography. One of my most inspiring and favorite spots is the river. I love taking photos of the birds there. Along with taking photos, I love all the things you can find there such as wildlife, fossils, and *Riverboxes*! I am honored to work on this *Riverbox* art expansion because I really like the idea of the *Riverboxes*, and the art makes it even better!

My art creation is a butterfly. The body is made of a piece of driftwood from the river. The wings are made of shale from the river as well. Other materials I used are copper wire and tubing, and stone beads.



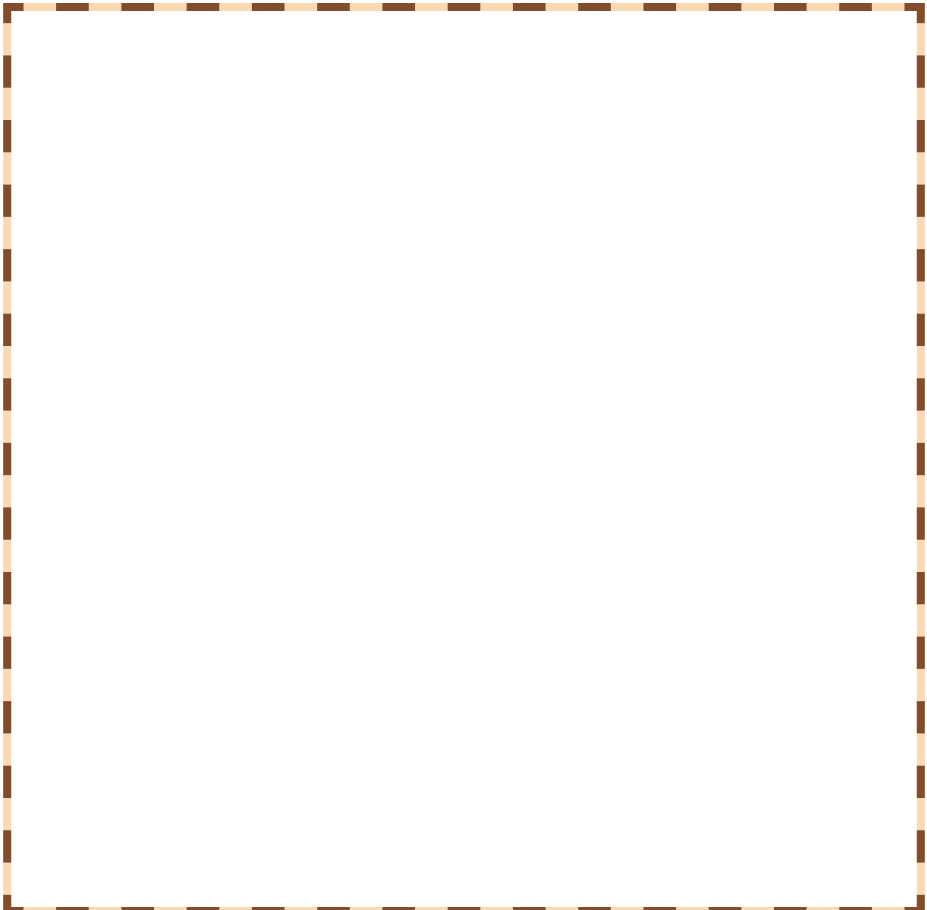
Once stray, D'Art the gallery cat was rescued and given a new, loving home at Dublin Arts Council. If you have ever felt astray in your life, who or what helped you find your way? How might you gently guide someone in need of support?



Imagine a cat-shaped constellation in the sky, looking down upon this beautiful place. How many stars would your cat constellation have? Draw the constellation with large and small stars, and connect them with lines.



MASKING: Some sounds are hidden by other sounds. This is called masking. Close your eyes and listen carefully. Can you detect the quiet sounds hidden behind the loud sounds?



RIVERBOX | *Riverbox of the Sun* by artist Ron Hirschi



DUBLIN ARTS CENTER 7125 RIVERSIDE DR.

Plenty of parking is available;
check with DAC for hours of operation.

GPS COORDINATES:

N 40° 06.763'
W 083° 06.695'

CLUES: Park and walk to where art livens Dublin all year long. Take a leisurely stroll in the direction of the setting sun. Walk down the hill. Look at the base of what was once the grandest tree in sight to find your prize. Just a glance uphill from the *Riverbox*, you'll spot *The Sun-Fish* dancing on top of the sun!

NEW ARTWORK:

The Sun-Fish by Kristin Morris

I was fascinated with the folklore behind *Riverbox of the Sun*. The sun was secretly hidden away and then uncovered to let its brilliance shine and let all life begin anew! However, what stayed with me the most was the story of the little boy fishing with the old man and his escapades jumping overboard and becoming a fish! It was intriguing learning about the teeming diversity in the rivers and on the shores of central Ohio. I have always loved anything fish-like since I was a child growing up fishing on Long Island as well as swimming in the ocean.

The original *Riverbox of the Sun* was a great starting-off point for me with its bright copper, oranges, reds, and yellows inlaid in patterns of sun rays in the cement. This *Riverbox* was suggested to me (as I just came on board recently) and I was very excited to add my own interpretation. Art is such an awesome stress reliever in my life and I wanted to have fun with this project as well as pay homage to what had been done before. Although my sculpture is so detailed, it really was very calming fitting all of the little pieces together. I work with an epoxy clay-like material in my own practice which I used as an adhesive for the broken tile, glass gems, and sea glass mounted on the foam bases. My favorite addition is the sculpted fish on top of the "sun," giving the work its title *The Sun-Fish*, after the little boy.



The end of something beautiful may not signify the end of beauty. Since *Riverbox of the Sun* stands at the base of what was once the grandest tree in sight, it showcases that something magnificent can blossom into a new form of splendor. When has the end of something in your life led to something new and meaningful?



The sun represents light, power, and life-giving force to everything on earth. Have you ever thought of bottling up or capturing sunshine on a beautiful day? Draw your box, jar, bottle, or container of sunshine. Would you keep it for yourself, or share it with a friend or family member?



NOISE VS NATURAL SOUNDS: Face the *Riverbox*, cup your ears and slowly rotate in a circle. Listen for: animal sounds (biophony), wind or water sounds (geophony), human produced sounds (anthrophony). What type of sound is dominant?



RIVERBOX | *The Riparian* by artist Nathan Mayfield



DUBLIN ARTS CENTER
7125 RIVERSIDE DR.

Plenty of parking is available;
check with DAC for hours of operation.

GPS COORDINATES:

N 40° 06.774'
W 083° 06.726'

CLUES: Park your car and walk southwest of the building known for the arts. Watch your step as you venture down the hill. Continue your exploration to the base of the steep hill, and take a moment to enjoy the river and wildlife. Find *The Riparian* at the base of the "V-shaped" tree. Once you've found the *Riverbox*, look up to find shimmering garlands among the leaves!

NEW ARTWORK:

***ArborGarland* by Eric Marlow**

Trees stand as sentinels to the health and well-being of our planet. Rooted in the earth they gather the nutrients they need to grow into the sunlight. Their leaves spread out to grow fruits and nuts, provide habitat for wildlife and give us the clean air and fresh oxygen we all need to live. To celebrate these gifts from the trees, I have created garlands of sparkling aluminum flowers, which reflect the sun and sway with the breeze.



Riparian zones, the riverbank area between land and rivers, provide natural biofilters to protect the environment from excessive sedimentation, pollution runoff and erosion while also sheltering and feeding plants and wildlife. What's your buffer zone? What anchors you and helps protect you from undesirable forces?



As you face *The Riparian Riverbox*, look up and to your left at the river current on the right at the split in the river. Imagine yourself as a leaf floating on these currents. What direction would they take you? Use lines to capture movements and direction.



KEYNOTE: A keynote is typically an ambient (background) sound which is not easily heard, not because it is inaudible, but because it is filtered out by your brain. Think of a busy highway drone or an air conditioner hum. What keynote(s) do you detect?





**FERRIS-WRIGHT PARK
4400 EMERALD PKWY.**

Ferris-Wright Park preserves and showcases ancient earthworks, a farmhouse and natural features of the space that are a significant part of Dublin's history.

GPS COORDINATES:

**N 40° 06.703'
W 083° 06.431'**

CLUES: Head west from the parking lot and cross the bridge. Take an immediate left to pass the stones and look for the gathering of five tree trunks. If you've passed the silo, you've gone too far. At the trees, take the small footpath toward the babbling brook. There you'll find what you are looking for ... the *Riverbox* is joined by a new artwork that really changes your perspective!

NEW ARTWORK:

***Breath* by Erin Canales**

Trees have such a boldness about them. They pop up in gutters, they heave sidewalks out of the way, they bend in a storm, turn themselves around and keep right on growing. They are individuals that have peacefully stood witness to all of human civilization. They provide homes, food and oxygen to all of us that rely on them. Even in death they support an incredible diversity of life. Given the proper foundation, they can grow to incredible heights.

Breath is a response to *Nero³*. To me *Nero³* represents the solid foundation of our world and *Breath* is a tribute to the growth that such a foundation can support. When viewed with *Nero³* centered in the background, the trees of *Breath* will appear to sprout from roots embedded in the black granite. It's a reminder to find your solid center, be brave, and grow from there.



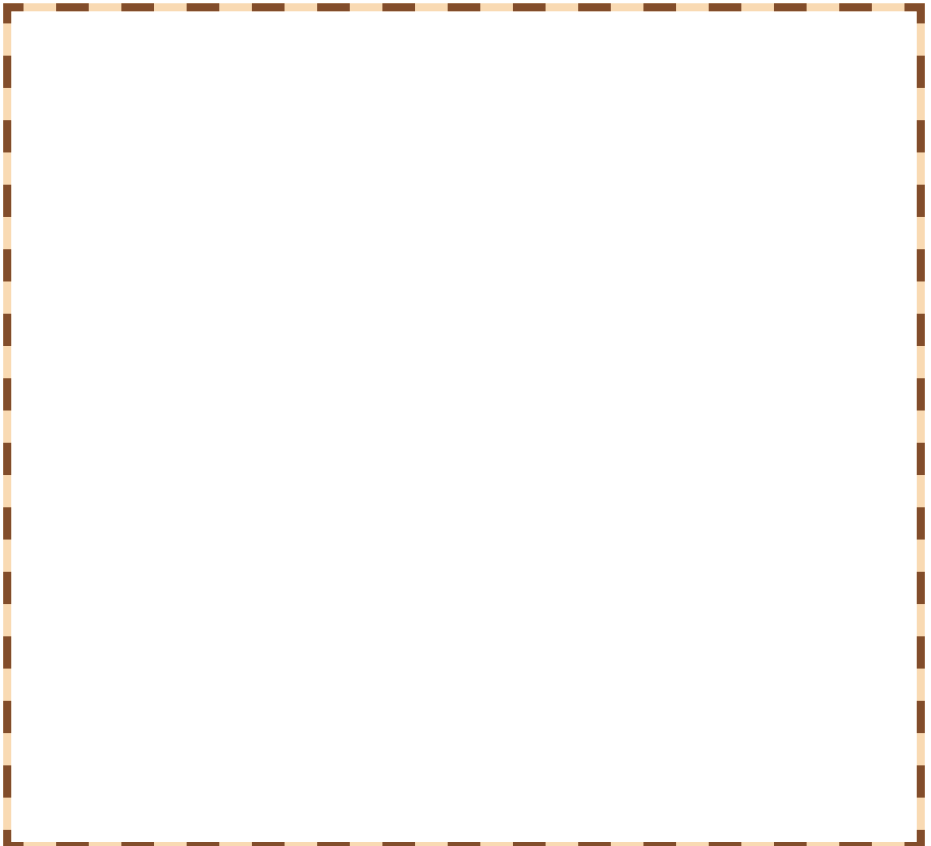
"The soul of the earth is stone," shares artist Giancarlo Calicchia. One of the world's largest limestone deposits lies along the Scioto River. What stone structures in Dublin or elsewhere come to mind, and what are your thoughts about how the natural environment helps sustain us?



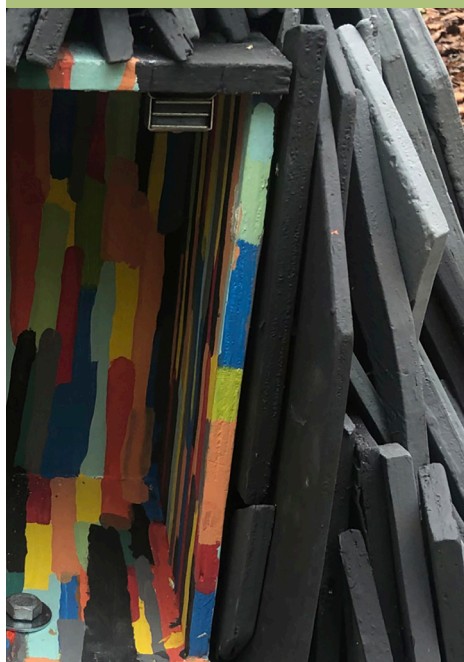
Mirrors can reflect light, truth, illumination, and wisdom. What elements and patterns both seen and unseen are reflected by this *Riverbox*? Draw shapes that mirror this idea.



RESONANCE: Facing the *Riverbox*, close your eyes. Make a continuous short sound with your voice while turning a half turn to your right. Turn back while making the sound. Did you notice the sound change? This is resonance. It is the quality in a sound of being deep, full, and reverberating.



RIVERBOX | *Fissures & Fractures II* by artist Andrea Myers



DONEGAL CLIFFS PARK 4460 DONEGAL CLIFFS DR.

Park open dawn to dusk.
Limited parking.

GPS COORDINATES:

N 40° 07.498'

W 083° 06.810'

CLUES: Stroll past the upper playground and field, down the path toward the river. Continue past the round fire pit and look near the rock formations on your left. Surrounding the *Riverbox* are new bursts of color playing hide and seek among the rocks!

NEW ARTWORK:

Between a Rock by Andrea Myers

For my responsive installation situated around the *Fissures and Fractures Riverbox*, I looked to the colorful painted striations on the door of my *Riverbox*. I chose this detail of the original *Riverbox* as a moment to amplify into a multi-sited installation surrounding my *Riverbox*. *Between a Rock* utilized striations of painted wood to fill in spaces between rocks around the *Riverbox* location. The title is suggestive of the phrase "between a rock and a hard place" which not only seeks to acknowledge our current challenging moment in history, but by using part of the phrase as the title, the title becomes filled in inside the viewer's mind, much like the physical filling in of color into the site's negative spaces. The bursts of color filling the found negative spaces between rocks in the site will engage the space and the viewer in a visual hide and seek. During this time of limited indoor experiences, it is my hope that my installation brings a technicolor found moment into the days of people passing by in the park, enjoying nature and allowing for an uplifting visual surprise.



Even while enduring life's fissures and fractures, we can attain a sense of stability that helps to ground us. What offers you stability and grounding during uncertain times? How can you remind yourself to return to foundational practices that position you to thrive?



The natural environment is built upon layers of rock, sediment, soil, plant and wildlife that are continuously evolving. Ground yourself in the spot where you are standing and sketch the layers of water, rock and trees that exist here. Think about its many natural levels that have created this cozy wooded spot!



SOUND ENVELOPES: What kinds of sounds would you expect to hear from *Fissures and Fractures*? Sharp? Dull? Sustained? Do you detect any of these sounds?



**DONEGAL CLIFFS PARK
4460 DONEGAL CLIFFS DR.**

Park open dawn to dusk.
Limited parking.

GPS COORDINATES:

N 40° 07.554'
W 083° 06.846'

CLUES: Park in the lot next to where the children play. Pass through the manicured upper park and through the gate down the path to the river. Continue to the loop in the road. Continue northward onto the unpaved path and walk forward several paces. Look to the west for a small natural path, then head toward the Donegal Cliffs to find the skyward face. On your way to the *Riverbox*, you'll be greeted by a non-native succulent hiding in the brush ..."

NEW ARTWORK:

***Sustineo Súcculentus* by Michelle Stitzlein**

Ohio is a beautiful state boasting many amazing parks and preserves that I am happy to traverse. The secluded sculpture site within Donegal Cliffs is a serene, wooded and remote location within a residential area. I selected to partner my sculpture with the *Riverbox Caementum Charta*, because it too is created with found materials and draws on the history of the site being a former limestone quarry.

My piece, hidden in plain sight, is an "invasive succulent," well-versed at preserving water, attempting to blend in with the local grasses and fauna surrounding it. It is a large anomaly of vegetation that, paradoxically, could also provide a home for insects. It begs us to ask questions regarding sustainability, refuse and trash, as well as the proliferation of non-native species such as multi-flora rose, garlic mustard and the emerald ash borer. It requests that we be aware and pay closer attention.



Aim your face toward the sky to soak in the warmth of sunlight or feel winter's chill. Take notice of what you see, what you smell, what you hear and how you feel, then write down as many details as you can. Preserve this moment in your journal.



This *Riverbox* invites us to think about Dublin's past, present and future. Thinking about your own journey, draw a time capsule. Where have you gone? What's important to you now? And where will you go in the future? Place objects that represent your past, present and future inside your time capsule.



HI-FI VS LO-FI SOUNDSCAPE: Close your eyes and listen to the soundscape around you. Can you detect distinct sounds or do the sounds all overlap? If you can hear distinct sounds, this is a hi-fi soundscape. A lo-fi soundscape has many overlapping sounds.



AMBERLEIGH

**NEIGHBORHOOD PARK
4797 CARRIGAN RIDGE CT.**

Plenty of parking is available.
Dublin parks are open dawn to dusk.

GPS COORDINATES:

**N 40° 07.993'
W 083° 06.980'**

CLUES: Follow the path along the manicured park area. Continue across the bridges, where waves of water rise to greet your feet. Keep going...down, down the stairs toward the river. At the very base of the stairs, turn left and take an immediate, sharp left again to walk uphill, keeping an eye out under the staircase path you just traveled.

NEW ARTWORK:

***House of the Rising Water Part 2* by Helma Groot**

Standing at the riverside, I think about the many civilizations that have been here before us, and the artifacts they leave behind. I also wonder what our generation will leave behind, and our effects on the environment, and particularly the impact of flooding as the environment changes.

The layers in *House of the Rising Waters* represent the river, the sediment and the clues of the past in the earth and riverbed. The buildings in the background represent the present tense.



This hidden-away home portrays layers of sediment and remnants of people who once called this area their home. What are some of the elements and objects you feel represent you and your home?



Now that you have found this place, close your eyes and let the memories of your trip here come flooding back. Was this place easy or difficult to find? See if you can draw a simple map of your path to this *Riverbox*. Include as many or as few details as you like.



LAYERING: Sound has layers. The pitch of sound (highness or lowness) is an example. With your eyes closed, listen carefully. Point your ears to the treetops and then toward your feet. How did the sound change as you moved your head?

RIVERBOX | *The Forest Witch and the Witless Fellow, Finnian*
by artist Sharon Dorsey



**AMBERLEIGH
COMMUNITY PARK
4715 VISTA RIDGE DR.**

Park open dawn to dusk.
Plenty of parking available.

GPS COORDINATES:

N 40° 8.290'
W 083° 7.160'

CLUES: Park in the lot east of the shelter house. Walk north past the loop in the road and onto the concrete path. Continue across the footbridge, then head into the wooded trail. Continue north until you hit a fork in the road. Choose the route that takes you closer to the Scioto River. A tiny stream will cut through your path. Carefully hop over to the other side! Continue forward to where the path begins to bend left. A small pathway on your left will lead you to a rather unfortunate fellow.

NEW ARTWORK:

The Forest Witch and the Witless Fellow, Finnian
by Sharon Dorsey

The thought of having a public sculpture situated in a forest seemed like a dream come true, and in 2016 I jumped at the opportunity to be included in DAC's amazing *Riverbox* series. My concept surrounded the magic that is held within the forest, and my original installation was called *The Forest Witch and the Witless Fellow, Finnian*. The story goes that one day while Finnian explored the forest's riverbank, the local witch caught him littering and capturing her forest creatures. The witch said to Finnian, "I watched you as you trapped one of my precious creatures in your jar then defiled my waterways with your salty snack bag! For your lack of respect for this park I am turning you into a tree stump!" Then the witch clapped her hands three times and Finnian's skin turned to bark and moss and he became still and rooted to the forest floor. She said, "Stay here in this forest, Finnian, and tell those who happen to find you that they should take good care of nature, to not take anything from the forest and to not leave anything behind. Do this and I'll consider turning you back into a young man." (... continued on next page)

Jumping ahead to 2020, after much effort, Finnian finally found a way to free himself from his rooted location and was found back again at the forest's riverbank. His story continues with Finnian recreated into a whole new form, with the help of the forest witch and various tools and supplies!

Finnian's message remains the same: Take good care of nature. Do not take anything from the forest and do not leave anything behind. I hope you enjoy finding Finnian in his newest form!



Since many fairytales take place in forests, invite this *Riverbox* to spark your own fairytale. Create a character inspired by the treasure you discover and take your reader on an adventure that starts here in the forest atop a mossy tree stump.



Bring your fairytale to life by illustrating its character(s). Add thought-bubbles to capture dialogue, and think about your story's setting. How can you capture the background, scents and wildlife of the forest in your drawing?



DEEP LISTENING: What sounds do you hear in your fairytale? Can you describe them or assign them to a character(s): a chick-chick of tiny teeth chewing on a nut; a snap of a tree branch breaking; a chirp-chirp of a bird whistling? Let your ears help you decide.



**KIWANIS
RIVERWAY PARK
6245 RIVERSIDE DR.**

Plenty of parking is available.
Dublin parks are open dawn to dusk.

GPS COORDINATES:

N 40° 05.708'
W 083° 06.574'

CLUES: Enter the park and continue down and around the curvy path. Take note as you pass over the first short bridge. Continue across a second, long bridge and follow the path to the right at the bridge's end. Just before the third bridge, follow the fisherman's path toward the water, where you'll find *Vigilant Vegetation* keeping watch over the river along with his new fledgling!

NEW ARTWORK:

***Generational Succor* by Jean Magdich**

Clay is my medium. I am an intuitive artist. By that I mean, I have an idea and feeling I wish to project with my sculpting projects. I may make a small thumbnail sketch but limit it to that, as clay is a spontaneous medium in many ways and shows me the course to completion. These sculptures are made from industrial indigenous clay pipe extrusions that I alter and add to. I am also an avid gardener and seek to combine these passions in my work. Most of my pieces I think of as earth spirits.

When making *Vigilant Vegetation*, I saw in my mind an old tree stump that had witnessed much and was still gathering. I saw him as a wise old sage holding history and information, but mostly a quiet observer. This new piece is his fledgling, emerging from the roots of his memory, a being sentient of his knowledge, a daughter, hopeful of building on her mentor's core observations, more actively engaged in the course of future events be it nature or nurture.



Just as wetlands clean and purify water, personal practices such as journaling, exercise, deep breathing and meditation can help cleanse our minds and bodies. What are some ways you can provide a vital habitat for yourself?



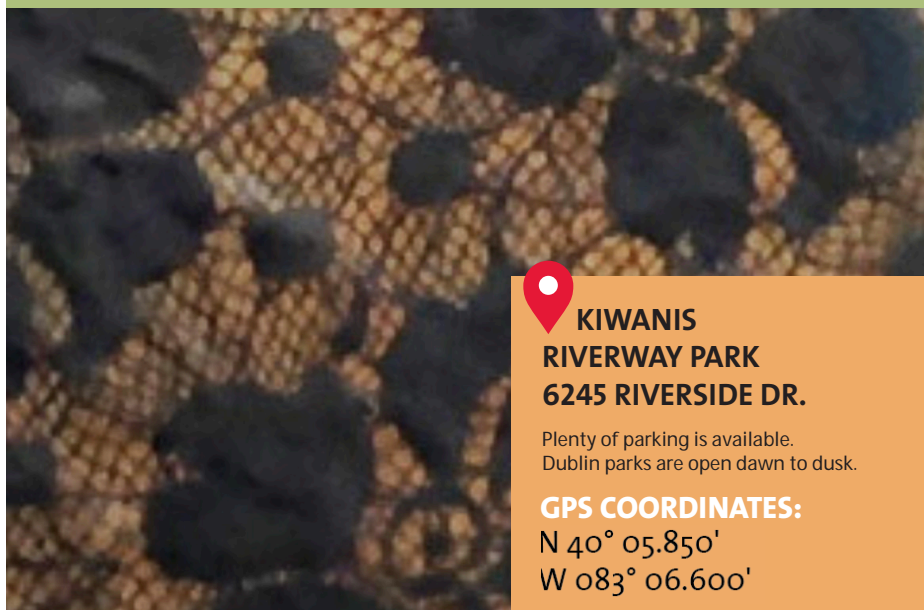
Vigilant Vegetation is adorned with leaves of three, which might remind one of a trinity or a connection between the sun, moon, and earth, or water, land, and sky. Think about your connections to these elements, and recreate a trinity of your own that has a special meaning in your heart with words, and/or shapes.



BINAURAL LISTENING: Close your eyes and deeply listen. Cover your right ear and listen with your left. Cover your left ear and listen with your right. Now listen with both ears (binaural listening). This gives us the ability to locate the direction of sound.



RIVERBOX | *The Nest II* by artist Julia LaBay Darrah



**KIWANIS
RIVERWAY PARK
6245 RIVERSIDE DR.**

Plenty of parking is available.
Dublin parks are open dawn to dusk.

GPS COORDINATES:

N 40° 05.850'

W 083° 06.600'

CLUES: Park in the upper parking lot. Enter the park and continue down around the curvy path. Head north when you reach the fork in the road. Travel over where the water flows, then continue down the hill to the bend in the road. Look closely and beneath the vegetation you'll find a place of protection from the outside world. The *Riverbox* is framed with a new variety of grass ...

NEW ARTWORK:

***Monochrome* by Julia LaBay Darrah**

The original inspiration for the *Riverbox* design was found in an article about how the Cliff Swallow birds are nesting near the bridge in the Scioto River. I was really drawn to the story and I really enjoy the shapes of the nest. The monochrome grass I have created in my new work intermingles with its surroundings through reflection of color, light and wind. The white blades will remain the same through the changes of season as its environment will differ ... all the while changing the way it interacts with the landscape.



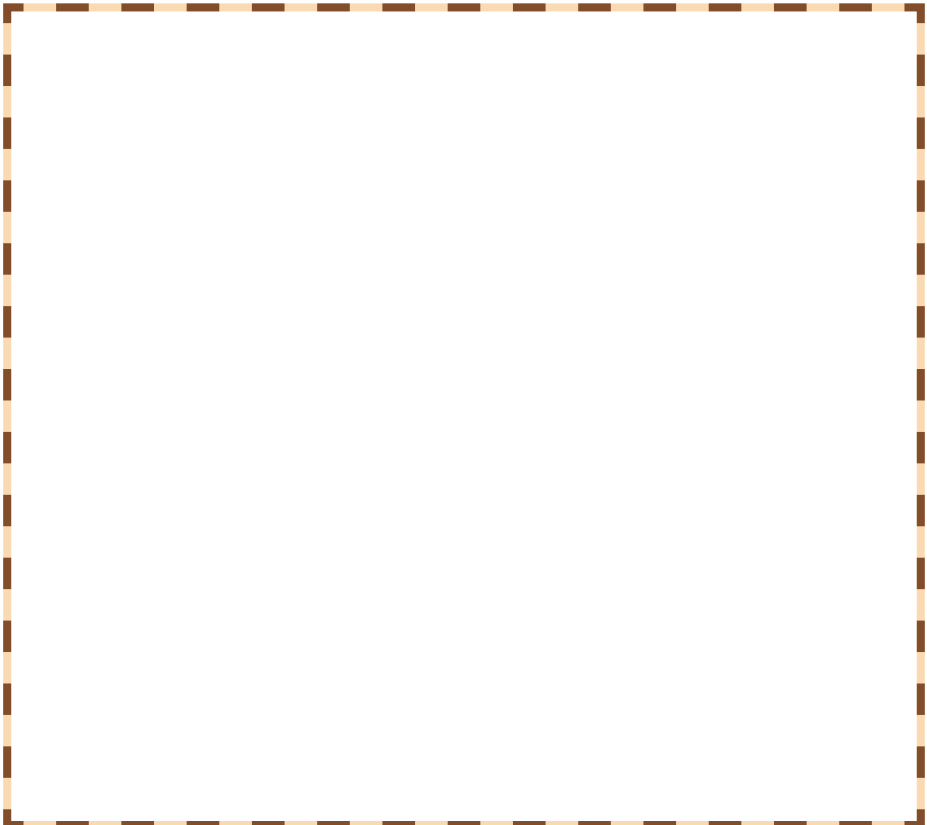
Cliff Swallows, once a rarity in this region, use their bills to gather mud along puddles, streams and rivers to build solid nests. This *Riverbox, Nest II*, was modeled after nests created by nature's bricklayers. What are you creating in your life with the help of others?



Listen to bird sounds. Can you visually describe them with lines or shapes? Perhaps your lines move up and down and reflect the pitch of the bird songs. Or, do they move from side to side as they cross the sky?



BACKGROUND VS. FOREGROUND SOUND: Close your eyes and listen thoughtfully. What foreground (up front) sounds do you hear? Birds, amphibians, insects? Water and wind sounds? Human produced sounds? The quiet, almost unnoticeable ambient sounds, are background sounds.



RIVERBOX | *Ghost Tree Sprout* by artist Angelica Pozo



DUBLIN SPRING PARK HISTORIC DUBLIN 20 SOUTH RIVERVIEW ST.

There is NO PUBLIC PARKING on South Riverview. Please park in a public lot in Historic Dublin and walk to the park.

GPS COORDINATES:

N 40° 05.960'

W 083° 06.712'

CLUES: Walk under the structure that connects both east and west shores. Continue in the direction the river flows. At the fork in the road, look toward the opposite shore. Once you've spotted the *Riverbox*, look to the trees to find something new growing from a tree trunk ...

NEW ARTWORK:

New Growth by Char Norman

The idea of Nature as an object of veneration and worship is a cornerstone of my art practice. The work speaks of the inter-connectedness of all things with none dominant over the other. As our society and world are facing an environmental crisis which may even lead to our demise it is more important than ever to understand this symbiotic relationship. I present nature in sacred spaces and attitudes to bring understanding and importance to the issues at hand. The iconic pod shape found in much of my work, derives from seedpods and is a metaphor for how we might relate to our environment. They are both wombs and shrouds denoting abuse, nurture, mourning, or reverence of nature.

I was immediately taken with and inspired by Angelica Pozo's concept and work. We are working with the same reverence for nature and the desire to bring natural elements into sharp focus. The site itself engenders a reverence for the beauty and mysteries of the natural world. I chose colors that directly relate to both the existing *Riverbox* and the surroundings. The work is somewhat camouflaged and mounted in an unexpected location which further encourages exploration and discovery.



As the main source of water for early pioneers and travelers, the Dublin Spring nourished Scioto River residents and visitors. What most nourishes you and inspires growth and creativity in your life?



Forests are constantly evolving and renewing themselves. When something in the forest perishes, new growth and life springs forth from that space. Think of something in your life that you'd like to encourage with new growth or a fresh start, and draw a sprouting seed to symbolize new beginnings.



What does a tree hear? Close your eyes and imagine that you are a tree. What do you hear? High sounds? Long sounds? Quiet sounds? Short sounds? Deep low sounds? Can you imitate these sounds?

RIVERBOX | *Fly Away Home* by artist Clare Murray Adams



DUBLIN SPRING PARK HISTORIC DUBLIN 20 SOUTH RIVERVIEW ST.

There is NO PUBLIC PARKING on South Riverview. Please park in a public lot in Historic Dublin and walk to the park.

GPS COORDINATES:

N 40° 05.990'

W 83° 06.729'

CLUES: Approach the majestic bridge and follow the winding stairs down, under, around and through the limestone structures, both natural and man-made. Turn left at the bottom of the stairs and look to the trees. In addition to the *Riverbox*, there is a new *Roosting Condo* in the trees offering refuge to the birds ...

NEW ARTWORK:

Roosting Condo by Clare Murray Adams

My original *Riverbox* piece was a birdhouse type structure on a pedestal. I was interested in creating something for the bird life that I observed in the area along the river. In this second piece I am again thinking about birds and their habitats, but this time with an emphasis on their winter lives. This *Roosting Condo* is a place for birds to gather together for warmth in poor weather as well as being a shelter from predators. Many birds, such as downy woodpeckers, bluebirds, titmice, nuthatches, chickadees and wrens may take advantage of a roosting box, even sharing the space on a cold winter's night.

Some thoughts about where to place a roosting box for those who might want to make their own box:

- a sheltered area protected from winter winds
- late afternoon sunlight will help heat the box
- face the entrance hole to the south
- mount on a pole or tree trunk between six and 15 feet above the ground



Avian life flourishes around the Scioto River, an area full of nests and safe havens for a vast range of birds. What are some specific places that restore and recharge you? What in particular is it about those places that energizes you?



Birds are often thought of as messengers from the spirit realm, linking heaven and earth. What message does this bird have to share with you? Draw the bird that might live in this *Riverbox* and include symbols and messages.



SOUND OBJECTS: A sound object is the smallest possible recognizable sound entity (like a bird chirp). It is recognized by its unique character. Taking a clue from the images in the sculpture, what sound objects do you detect. What other sound objects are present?



RIVERBOX | *Sentinel* by artist Anthony Bible



INDIAN RUN MEADOWS PARK 6675 FALLEN TIMBERS DR.

Park open dawn to dusk. Park on the street in the neighborhood, being respectful and courteous of residents.

GPS COORDINATES:

N 40° 06.545'

W 083° 09.073'

CLUES: Look for a path that will lead you between houses and into the meadows. Move forward on the path until you can continue right or left. Do neither. Instead, look to your right at the trees that keep their leaves year-round. Could something be hiding beneath them? Once you've found the *Riverbox*, circle the canopy to find weaving colors standing tall among the branches ...

NEW ARTWORK:

Aerophyte by Anthony Bible

Nature is a powerful and intimate influence in my life, and the years I have spent working and living on the land have sculpted me, as well as my practice. My hands are my preferred artistic tool. I use them to transmit ideas, feelings, and energy into my work. An obsessive interest in materials and exploration of their possibilities drives my creative process. Through the practice of weaving, I have discovered a deep appreciation for the tactile sensations and qualities of all materials in their myriad forms. As I seek to interlace roots, veneer, or even plastic and wire, I realize that each of these materials has its own story that attests to the cyclical nature of life.



Who comes to mind when you think of a guardian or protector in your life? How can you be your own guardian and protector?



Snakes shed their skin and are often a symbol of transformation and rebirth. If the *Sentinel* shed its skin, what shape would it look like? Use patterns and lines to create your sketch.



RANGE OF HEARING: The peak sensitivity of a snake's hearing is in the 200 to 300 Hz frequency range and the pitch of the average human voice is at about 250 Hz. Snakes can hear you talk. What can you hear in this frequency range?

RIVERBOX | *Among the Wildflowers* by artist Katlin Shae



TED KALTENBACH PARK 5985 CARA RD.

Plenty of parking is available.
Dublin parks are open dawn to dusk.

GPS COORDINATES:

N 40° 04.665'
W 083° 09.001'

CLUES: Enter the path around the court where you can make two (or three) points. Stay on the path with the trees to your left, past the nets on your right. Continue toward the reddish roof and stop to enjoy the ladder ... "One Step at a Time." Continue toward the pine trees and stop at the white fir, then look toward where the sun rises. Once you spot the *Riverbox*, you'll be greeted by a new woven sculpture that stands 7 feet tall!

NEW ARTWORK:

Yellow #1 (Sunburst Spectrum) by Katlin Shae

In my work, weaving is used to embody time and transform materials. The process of weaving is sacred to many cultures and has a rich history of traditional magic by creating a connection between mind and body. By exploring my interests in the cosmos, nature, the quantum world, metaphysics, time, space, material, pattern, color and repetition, I encounter entanglements with wonder. I experience the world around me through the act of making, conjuring transcendence during the process.

Though *Yellow #1 (Sunburst Spectrum)* and *Among The Wildflowers* are different in appearance, they both are made using the method of weaving. Weaving deals with the intersection of material, color, texture and pattern. I look closely at all visual aspects of my life to find inspiration for these elements in my weavings and sculptures.



Prairie wildflowers provide an ideal setting for wildlife such as birds, insects, moths and butterflies. What about the natural world most attracts you? Write about the sensory details of a favorite place that comes to mind—such as a waterfall, cave or forest.



Breathe in the sensation of the sun, clouds, warmth, or cold. Observe the wildflowers, trees, and foliage in the area of this *Riverbox* and think about how all of these things are connected. Sketch the environment you see using loose, free, and expressive line work.



SOUND TEXTURE: Sound texture is formed by two or more sounds occurring at once. As in weaving, sounds have: timbre (color), rhythm (a pattern duration and stress), and dynamics (volume). Listen for the different types of sounds that create the fabric of this soundscape.



STAMP IT ~ SKETCH IT ~ WRITE IT ~ BE INSPIRED!







STAMP IT ~ SKETCH IT ~ WRITE IT ~ BE INSPIRED!





COMMUNITY WELLNESS RESOURCES

Dublin Arts Council joins its community partners in promoting community wellness with the following resources and programs.

STAY SAFE

These recreation safety tips from City of Dublin and Washington Township Fire Department & Emergency Services will ensure you have a safe and fun time exploring Dublin's public art, beautiful landscapes and waterfalls:

Dress for success and stay hydrated. Wear appropriate clothing and footwear for uneven terrain. Bring water with you.

Stay connected. Bring a mobile phone for emergencies. Young people should enjoy letterboxing/geocaching with a friend or family member.

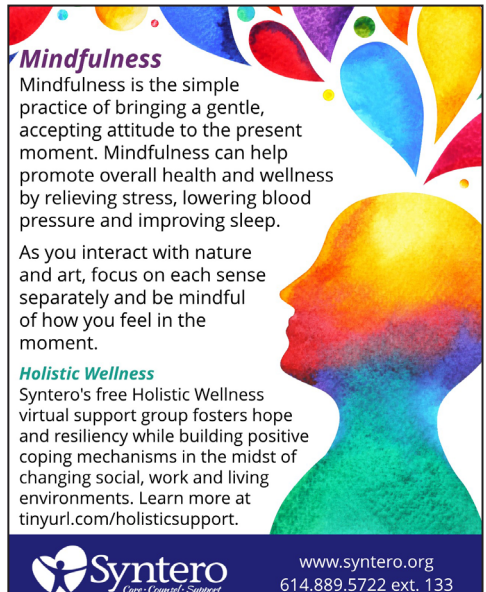
Look, don't jump. Waterfalls, ponds and rivers can be restricted for swimming and have unseen hazards lying underneath the water's surface.

Don't risk it. Rainfall or snow melt can rapidly alter water levels. Check Scioto River conditions before exploring. Know your swimming ability and avoid boating, kayaking or tubing if you are uncomfortable treading water.

ENJOY EXERCISE & PROMOTE MINDFULNESS

Dublin Community Recreation Center offers a variety of fitness and wellness programs to engage members and residents of all ages.


Upcoming in-person activities include nature workshops, outdoor yoga classes and special family-friendly events. The Virtually Direct program offers virtual fitness classes, yoga techniques and culinary videos.



Mindfulness
Mindfulness is the simple practice of bringing a gentle, accepting attitude to the present moment. Mindfulness can help promote overall health and wellness by relieving stress, lowering blood pressure and improving sleep.

As you interact with nature and art, focus on each sense separately and be mindful of how you feel in the moment.

Holistic Wellness
Syntero's free Holistic Wellness virtual support group fosters hope and resiliency while building positive coping mechanisms in the midst of changing social, work and living environments. Learn more at tinyurl.com/holisticsupport.

 **Syntero**
Care • Counsel • Support

www.syntero.org
614.889.5722 ext. 133

For more information, visit: dublinohiousa.gov/recreation-services.

DISCOVER NATURE

With 1,136 acres of parkland, 100+ miles of bike paths and 60 parks, Dublin, Ohio offers an array of outdoor adventures for all ages. The City's Parks and Recreation Department provides a variety of recreation activities through virtual and in-person opportunities.

The Dublin Bike Paths & Parks Guide is available for pickup at City Hall, the City of Dublin Service Center, at the Dublin Community Recreation Center or via dublinohiousa.gov/bicycling-in-dublin. For nature education and seasonal wildlife information, please visit dublinohiousa.gov/nature.

SPARK YOUR INSPIRATION

Stay connected with these upcoming safe community activities and at-home opportunities:

The Dublin Chamber Corporate Challenge: A Battle of the Businesses, in partnership with the City of Dublin and Dublin City Schools, is all about fitness, team building and friendly competition. Register a team or volunteer for the 2020 Corporate Challenge: A Battle of the Businesses, October 19 – 21, 2020 by visiting: dublinchamber.org.

OhioDance's Virtual Dance Collection is an interactive website that showcases the unique dance history of Ohio through interview footage, historical timelines, archival film and photos. Wellness-based dance opportunities and collection information can be found at: ohiodance.org.

Japan-America Society of Central Ohio (JASCO) cultural classes and at-home experiences: JASCO is committed to fostering the relationship between central Ohio's Japanese and American communities. Discover online Japanese language and calligraphy classes, events and videos by visiting jas-co.org.

Dublin Arts Council's Public Art Cell Phone Tour:

The Dublin Art in Public Places program is 30 years old and has grown from one sculpture in 1990 to more than 50 large and small-scale permanent, temporary and interactive public art projects. The Dublin Art in Public Places cell phone tour provides a current, comprehensive and interactive guide to the collection. For more, visit: dublinarts.org/visual-arts/publicart/mobile-tour.

COMPLETE YOUR CHALLENGE!

Did you complete the Connect: Public Art & Wellness Challenge?

CLAIM YOUR PRIZE!

Fill out the following information. Then visit Dublin Arts Council, 7125 Riverside Dr., in Dublin, Tuesday through Thursday from 10 a.m. to 3:30 p.m. or on the second Saturday of each month from 11 a.m. to 2 p.m. to claim your prize.

Name (required): _____

Email Address (optional): _____

Mailing Address (optional): _____

If you provide your contact information, we'll keep you up to date on all things *Riverboxes* and other fun events happenings year-round with Dublin Arts Council!

Dublin Arts Council values your feedback

Open your phone camera, hold it over the QR code and press the link to tell us about your experience. Thank you!





BE A PART OF OUR 2021 GALLERY EXHIBITION

Art & Wellness: ARTifacts Created at Home
March 9 – April 16, 2021

Dublin Arts Council will present a retrospective of a two-year Art & Wellness initiative that began before the pandemic, in an exhibition of artworks created by professional artists and community members from the fall of 2019 through the end of 2020. The juried exhibition will include two- and three-dimensional artworks and video encompassing community reflection and interpretation of art and its influence on personal and community well-being.

Please save your photos and your artwork and share them with us. Details will be posted on our website, shared on social media and sent directly by email.

dublinarts.org

**On view at Dublin Arts Council
by appointment**

**7125 Riverside Dr.
Dublin, Ohio 43016**



Artist: Anonymous, Dublin Arts Council's
Plant Kindness rock garden project



@DublinArtsCouncil



@dublinarts

COMMUNITY THANK YOU

Dublin Arts Council would like to thank our community partners, which include Washington Township EMS, Syntero Counseling Centers, Dublin City Schools, Dublin Chamber of Commerce, OhioDance, Japan-America Society of Central Ohio, Dublin Bridges, Cardinal Health and several City of Dublin departments, including Police, Human Resources, Recreation Services and Parks and Recreation.

This project is a component of a multi-year Art & Wellness initiative, realized with the support of grants from City of Dublin, Ohio Arts Council, Cardinal Health Foundation, Puffin Foundation West, Ltd., and The National Endowment for the Arts.

Dublin Arts Council would also like to extend gratitude to the 2020 corporate sponsors who have directed sponsorship dollars to support our general operating budget, including Cardinal Health, CityScene Media Group, Fifth Third Bank, Hidaka USA, Inc., IGS Energy, Keeler & Nadler, The Keenan Agency/Grange Insurance, The Medsker Khalaf Group and Strip, Hoppers, Leithart, McGrath & Terlecky Co., LPA. Their investment in the arts provides critical support for community programming, and is deeply appreciated.

